



**The County of San Bernardino Department of Public Health  
Presents**

# **2010 Flu Outreach Clinics**

**A flu shot is recommended for all persons aged 6 months and older, every year.** Flu shots are especially recommended for:

- People 50 years and older
- Pregnant women
- Children
- People with chronic medical conditions
- Health care workers
- People in long-term health care facilities
- Caregivers of children under 6 months or other high risk individuals

Flu shots cost **\$10.00**.

At flu clinics this year adults may be able to receive **Tdap & pneumonia shots** if needed. Tdap & pneumonia shots cost **\$10.00** each.

For more information, please call the Immunization Program at **1-800-722-4794**, M-F, from 8-5 pm.

If you cannot go to these clinics call for an appointment for a flu shot at a regular Public Health clinic at **1-800-722-4777**.

**Highland Senior Center  
(Main Gate Patton Hospital)**  
3102 E. Highland Avenue,  
**Highland**  
**Friday, October 1, 2010**  
9 AM – Noon

**Big Bear Senior Center**  
42651 Big Bear Blvd.,  
**Big Bear Lake**  
**Monday, October 4, 2010**  
10-Noon

**Rialto Senior Center**  
1411 S. Riverside Avenue,  
**Rialto**  
**Wednesday, October 13, 2010**  
9 - 11 AM

**Mountain Communities  
Center**  
675 Grandview Road,  
**Twin Peaks**  
**Thursday, October 14, 2010**  
10 AM – Noon

**Hutton Community Center**  
660 Colton Avenue,  
**Colton**  
**Wednesday, October 20, 2010**  
9 - 11 AM

**Phelan Senior Center**  
9463 Sheepcreek Road,  
**Phelan**  
**Thursday, October 21, 2010**  
9-11 AM

**Wrightwood Community  
Center**  
1275 Highway 2,  
**Wrightwood**  
**Thursday, October 21, 2010**  
1:30 - 3:30 PM

**Grand Terrace Senior Center**  
22627 Grand Terrace Road  
**Grand Terrace**  
**Monday, October 25, 2010**  
9-11 AM

**McCoy Equestrian &  
Recreation Center**  
14280 Peyton Drive,  
**Chino Hills**  
**Tuesday, October 26, 2010**  
9 AM - 11 AM

**Chino Community Center**  
5443 B Street,  
**Chino**  
**Thursday, October 28, 2010**  
9 AM- Noon